

Start	San Damiano Macra
Climb	400 m
Max. altitude	1.150 m
Walking time	3h00'

The hike runs in the southern side of the valley, in a shadowy beech wood, with groups of pines in the sunniest ridges. From Piazza Caduti we'll descend to cross the Maira river just below the dam; then, we'll walk high along the artificial lake and reach a little chapel with a great view on the village, the Pagliero valley, inhabited since the Roman empire era, and the Monte Rubbio. Once passed the isolated hamlet of Messore we'll climb to Colle Tejé and descend back to San Damiano by the village of Poca.

