

VILLAR SAN COSTANZO THE "CICIU"'S TRAIL

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| Start | Cascina Bruna, Villar San Costanzo |
| Climb | 450 m |
| Max. altitude | 1.087 m |
| Walking time | 3h30' |

The lower part, in the Natural Reserve, is a simple walk for everyone in the woods, with the illustrative panels of the discovery walk "Ciciuvagando"; the higher part begins with a steep but short climb to the gravel road of Costa Pragamonti; then we'll make a tour passing by the Colle Liretta and the paragliding take-off zone, with excellent panoramic views on the Cuneo plain.

The higher part can also be done in MTB, climbing the Colle Liretta by strada dei Foresti to join the Strada dei Cannoni. Descent alternatively by gravel road to Morra di Villar or by trails to the Colletta di Rossana.

